Backup Child Care FAQs

Understanding your child care benefit

Sick kids. School closings. Summer vacation. Balancing work and family priorities can be challenging. Fortunately, you have a benefit that enables you to find the last-minute in-home care you need through Care.com® BackupCare℠, provided by Parents in a Pinch. So you can rest easy knowing that your family is in good hands.

When do I need backup services?
• During school vacations or when daycare is closed
• When your child is a little bit under the weather and you need to work
• When you have to work late or on weekends
• When you need care for a child with special needs
• When your nanny goes on vacation or leaves unexpectedly
• Any time you have a gap in your regular child care arrangements and you need to work

When are the caregivers available? When can I call?
In-home child care is available during the day or evening, seven days/week. The Care.com BackupCare office hours are: Monday – Thursday, 7:00 am – 8:00 pm EST, and Friday from 7:00 am – 5:00 pm EST. As an employee of Tufts University, you also have access to a Care.com BackupCare specialist on Sunday from 5:00 pm – 8:00 pm EST for care needed the following day. Sometimes, a Care.com BackupCare specialist can locate a caregiver for you within an hour or two, but the further in advance you call, the better the chances for a successful match. 24-hour advance notice is usually sufficient; however, Care.com BackupCare understands that sometimes there is a need for same day care.
What is the process for arranging childcare?
Call Care.com BackupCare directly at 855-781-1303 to request care. You may also register and request care at www.care.com/backupcare.

- When you call, identify yourself as an employee of Tufts University.
- Care.com BackupCare will identify a caregiver for you who meets your specific needs.

You'll receive two confirmations:

1. A Care.com BackupCare specialist will call to tell you about the caregiver and will email you the caregiver profile.
2. The caregiver will call to confirm the details of the job.

- At the end of the day, sign the timesheet and pay the caregiver directly in cash or by check.

How much do I pay?
Employees pay an hourly fee directly to the caregiver. In Massachusetts, New Hampshire and Rhode Island, the fee is $15.00/hour. There is a four-hour minimum charge per day. As an employee of Tufts University, you may use up to a combined total of 20 calendar days of backup child care and adult care per year. You may not use more than two consecutive weeks at a time, or use this benefit for ongoing care.

What if I need child care that's not related to work?
You are welcome to use the backup services when your need is not work-related or your needs exceed the 20 placements during the year. In these cases, you pay the same rate to the caregiver, and in addition, your credit card will be charged a placement fee of $50.00 per day.

How do I know I’ll get a quality caregiver?
The Care.com BackupCare screening process is thorough: candidates are screened for child care experience; child care references are checked by phone; Social Security verification and criminal background checks are completed; and each candidate is interviewed face to face. Candidates are also required to complete a health and safety training program, along with an orientation. Care.com BackupCare specialists follow up after every job with an online survey to ensure that the caregivers and their service continue to meet your expectations.

What if I need to cancel my request for care?
If you cancel once a caregiver has already been reserved for a job, your credit card will be charged $30.00.

How can I make the transition easier for my children?
- Before the caregiver arrives, let your children know that a wonderful playmate is on the way. Suggest that they show the caregiver their favorite toy or book. When the caregiver arrives, introduce them warmly to the children. If you’re nervous, the children will pick up your signals.
• Go over the house rules—TV, snacks, bedtime—with the caregiver and the children together, so that the ground rules are clearly set.
• Review the emergency telephone numbers with the caregiver. Give her the number where you and/or your spouse/partner can be reached, your pediatrician’s name and number, someone to call in case of an emergency and a list of any allergies that the children may have.
• Never sneak out the door! Say goodbye happily and firmly and leave. Coming back or delaying your departure will increase your children’s anxiety.

When I call next time, can I get the same caregiver? Will she clean the house?
Care.com BackupCare strives to give your family as much consistency as possible. A Care.com BackupCare specialist will be happy to contact your last caregiver to see if she’s available. Backup caregivers come prepared to make sure your children are safe and happy, but not to do regular housecleaning.

Can Care.com BackupCare help me find a nanny? Could my backup caregiver become my nanny?
Yes! Care.com BackupCare specialist can work with you to find a nanny, or they can help your temporary caregiver become your full- or part-time nanny. (Outside of Massachusetts, a Care.com BackupCare specialist will put you in touch with their partner agency.) All you have to do is call the Nanny Placement Specialists at 855-781-1303. They’ll discuss the process and fees. Tufts University employees receive a discount on nanny placement fees (in Massachusetts). If you find a caregiver on your own, the NannyCheck service can help you with screening and training, for a discounted fee.

Visit: www.care.com/backupcare
Call: 855.781.1303