I can’t imagine what I would have done if I didn’t have Best Doctors as a benefit.

Be Ready. Be Right.

Congratulations! As a Best Doctors member, you have the expertise of more than 53,000 of the world’s best doctors at your fingertips—literally! Simply by contacting Best Doctors, you can have any and all of your medical questions and concerns addressed by carefully selected expert physicians, and you don’t even need to leave your house. All of our services are 100% confidential and always completely free to you!

With Best Doctors, you are Ready when you need to be Right about important medical decisions.
Some 25 years ago, Best Doctors was founded by Harvard-trained physicians with an extraordinary vision—to share the medical expertise of the best physicians in the world with patients who are facing medical uncertainty, no matter where they live.

Since then, Best Doctors has grown into a global health care leader. We now provide medical expertise to millions of members just like you through second opinions and medical advice from renowned expert physicians.

Our experts are affiliated with world-leading hospitals, medical practices and research institutions, and they have been selected as the best in their specialities by fellow doctors.

Those renowned specialists don’t replace your doctor—they simply provide second opinions and advice for you to consider and share with your doctor if you wish.
Expert Second Opinions

Don’t take chances with your or your family’s health—even if your condition doesn’t seem like a big deal at the time. It’s always a good idea to have any medical diagnosis or treatment carefully reviewed by a recognized expert in that medical speciality. And Best Doctors makes getting an expert second opinion incredibly easy.

Simply contact us, and after learning more about your condition, we will collect all of your relevant medical records, images and test samples, and send those to a carefully selected physician for an in-depth review. Following the review, you receive a comprehensive, easy-to-understand report summarizing the expert’s findings, along with a detailed medical analysis and recommendations about your diagnosis and treatment plan. The whole process is completed online or by phone—there is no need to travel. The expert report is 100% confidential and yours to share with your physician or keep private.

WHEN TO CALL

- You have questions about your existing diagnosis or treatment options.
- You are unclear about your diagnosis or you aren’t getting better with current treatment.
- You wonder if you really need surgery or other recommended medical procedures.
- You want to make sure you are getting the right care from the right medical specialist.
WHEN TO CALL

You have general or specific medical questions and don’t want to rely on the Internet for information.

You have heard about a new treatment option or medical procedure and wonder if it’s right for you.

You are uncertain if medications you’re now taking are the best options for you.

Ask The Expert™

Sometimes, a quick visit with your doctor just isn’t enough time to get all of your questions answered. If you still have questions about a medical condition or treatment plan, our Ask the Expert service can help.

When you contact Best Doctors, you will receive written guidance from one of our experts who specializes in your unique condition.

As a result, our Ask the Expert answers are always tailored to your specific medical needs.
Find a Best Doctor™

Need an oncologist? Want the best surgeon in your area? Looking for a world-class medical specialist?

Just contact us, and we will help you locate the in-network doctor who is right for you.

WHEN TO CALL

- You just moved to a new area and are looking for a doctor.
- You believe you need to consult with a specialist.
- You would like additional providers you can see about your condition.

members.bestdoctors.com  1-866-904-0910
BEST DOCTORS
by the numbers

53,000+
Leading Doctors Worldwide

450+
Specialities and Subspecialities

Top 5%
Physicians Nationwide

25 Years
Health Care Leadership

75%
of the time we refined or corrected treatments

37%
of the time we refined or corrected diagnoses

Common Specialties for Expert Second Opinions

- Cardiovascular
- Neurology
- Gastroenterology
- Medical Oncology
- Urology
- Physical Medicine
- Pediatric Specialties
- Obstetrics/Gynecology
- Rheumatology
- Orthopedic Surgery

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In 2009, Vi suffered a stroke that left her paralyzed and unable to speak. She spent five weeks recovering in her local hospital. However, after returning home, Vi continued to experience exhaustion and fatigue, barely able to move. Her cardiologist told her that what caused the stroke was arrhythmia and the symptoms she faced were normal.

“Best Doctors is the best thing that has ever happened to me to get my health and life back on track.”

Vi contacted Best Doctors, and after conducting an in-depth interview with her, Best Doctors collected all of her relevant medical records and had a team of leading cardiologists from around North America review her medical diagnosis.

A Best Doctors Expert confirmed her initial diagnosis, but also suggested radical modifications to her treatment, including a catheter ablation procedure. This change in her treatment plan has had a lasting impact on her life.

Following her surgery, Vi was able to witness the birth of her grandson and hold him in her arms—a special moment she wasn’t sure she would get to experience.

“My life changed the day I had that procedure.”

To see Vi tell her story in her own words, please watch the video at www.bestdoctors.com/about-best-doctors/our-stories/vi

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FIVE steps to better care

Let’s face it—your doctor is very busy. In fact, the average time a patient spends with a physician is about eight minutes.

Make those few minutes count by following these five easy steps.

KNOW YOUR DIAGNOSIS
Never leave your doctor’s office without knowing your diagnosis, or at least several possible diagnoses. If your doctor can’t initially confirm your diagnosis, ask what steps are required to do so.

ASK ABOUT YOUR TESTS AND THEIR RISKS
Patients typically ask about the reasons for, and risks of, drugs and surgery, but not medical tests. Make sure you understand why you need a test, what your doctor is looking for, what risks may be involved and what alternatives may be available.

TELL A 10-SECOND STORY
Don’t focus on symptoms like “my knee hurts.” Instead, tell a brief story like “For the first time since my injury, my knee hurt so badly I couldn’t walk from my bed to the bathroom.”

PREPARE YOUR QUESTIONS AHEAD OF TIME
Have a list of questions ready and ask them during your appointment. What is my diagnosis? What can I expect during treatment? What can I do to get better?

ESTABLISH AN ACTIVE PARTNERSHIP
Tell your doctor up front that you want to partner with him or her. That doesn’t mean diagnosing yourself using the Internet. It means working together to ensure the best possible care. Become an active partner in the decision-making process.
SO, WHAT ABOUT . . .

SHARING INFORMATION ABOUT MY CASE?
Best Doctors is always 100% confidential. We do not tell your employer or insurance company about your call. Best Doctors will not share your information with anyone, including your treating physician, without your written authorization.

THE COSTS INVOLVED?
Best Doctors is included in your employee benefits package, and it is entirely free for you—with no network or geographic restrictions whatsoever.

WORKING WITH MY PHYSICIAN?
Best Doctors shares its expert’s findings with you, and only with you. We can also share the expert’s report with your treating physician upon your request and with your written authorization.

FOLLOWING THE RECOMMENDATIONS?
You always remain in full control of your health care decision making. The information you receive from Best Doctors is intended to help you make informed decisions regarding your diagnosis and/or treatment plan.

COLLECTING MY MEDICAL RECORDS?
All you need to do is contact Best Doctors, and we’ll do everything for you. We will collect all relevant medical records, test results, imaging studies and any other necessary information. What’s more, all your contact with Best Doctors is over the phone or the Internet, so you will never have to travel.

TYPES OF DIAGNOSES THAT QUALIFY?
Best Doctors provides services for virtually all conditions, from back pain and sports injuries to chronic diseases and life-threatening illnesses.

MY PRIVACY?
Best Doctors complies with all relevant state, national, and international laws and regulations, including the U.S. Health Insurance Portability and Accountability Act (HIPAA) of 1996.

THE BEST DOCTORS PHYSICIANS?
Best Doctors physicians include the world’s top medical specialists. They are selected by other doctors through a comprehensive review process. They are the doctors other doctors trust the most.
THESE ARE THE REASONS MEMBERS ARE CALLING BEST DOCTORS

- Questioning the need for surgery: 33%
- Don’t understand the diagnosis: 10%
- Skeptical about doctor’s advice: 8%
- Need help deciding on treatment options: 15%
- Symptoms not improving: 26%
- No diagnosis: 8%

When you are dealing with any kind of medical uncertainty, there is only one number you need to remember!

1-866-904-0910
members.bestdoctors.com
Bringing Together the Best Medical Minds in the World to Get You the Right Diagnosis and Treatment